

Intergenerational Community Theatre –Logbook

Intergenerational Community Theatre -*Age Against The Machine*

European Network of Cities CERV, Funding ID: 101138625 (2024-26)

SESSION 13, Layers of clothes

Place: Sede do Sport Lisboa e Évora, Évora, PT **Date:** 10/07/2024 **Hour:** (9:30-11:30)

Members of the team present: 1 coordinator (Isabel Bezelga), 1 expert Evora City Council (Pedro Silva), 1 team member (Daniela Salazar).

Participants: 9 older residents

Structure of participants: all women

Total number of participants: 12 persons

Total number of team members: 3 persons



Summary of activities developed:

Vocal warm-up, abdominal breathing as a reservoir of air and awareness. Expansion movement to take in air (inhale) and emptying to the limit (exhale). Working on the sound that comes out with the voice (vowels 'a' and 'o'), inscribing the continuous and rounded sound. Sound fluctuation in space.

We work on the dramaturgic sequence with costumes and the preparation of the composition through each scene. Working with the popular saying 'Between husband and wife, don't use your spoon' [between husband and wife, don't interfere]. Composition of figures and intermediate scenes in a sequence, starting with all the costumes in reverse order. Shoes, gowns, scarves, dresses, swimsuits. We continue with the following scenes: land/work; youth/dance; violence/caring for women; life continuum/blood; sharing/fear; freedom/bath.

Symbolism and composition of pictures and scenes:

Work about domestic violence; scene with a man who becomes aggressive while the other women are quietly saying the proverb "Entre marido e mulher não se mete a colher" ['You can't get involved between a husband and a wife']; progressively they turn up the volume and all women intervene in the man's aggression.



Storyline construction:

Structure of the piece still to be developed:

- (1) Beginning - the dance with the suitcases, the start of a journey;
- (2) The dramaturgy intersects with the high heels shoes worn during the filming of videoclip; The performance begins with a zoom-in on the feet and shoes, which they try to put on, from children's shoes to high heels and trainers. You can only see the scenery at the back and the participants' feet; Audio poem (voice-over) about the feet. Once they've got their shoes on, they leave from the lateral.
- (3) They appear dressed in gowns and trainers. A voice off says: "Could you not, at least, have put a scarf on your head?" (in audio, as a criticising voice), they feel embarrassed and look for a scarf, accepting this image of prejudice in front of the audience;
- (4) A song starts, while they take off their gowns and change into light, sophisticated and colourful dresses. They start to dance. During the dance they initially compete for a man's attention, but eventually give up and have fun together;
- (5) The music changes and they undress again, presenting themselves in their bathing suits, as if they were in a water aerobics class, but choreographed in a more classical way;



Ideas for upgrading and developing pictures and scenes:

The reference to the shoes at their different ages, which appear in the filming of the video clip, is used here again. Experimentation with the different layers of the dramaturgical narrative and costumes - from robes to swimsuits.

New ideas and final comments for a dramaturgy:

It is being developed.

Team impressions, comments and observations:

The participants like the idea of taking off different layers of clothing, especially those of the old lady's robes, showing dresses they wore when they were younger and dancing in them. They feel it is important to talk about the issue of violence because many women continue to suffer from it.